

CASA of Oklahoma County

Non-Comprehensive Reading List

In order to receive training credit for books, volunteers must complete the *Professional Development Credit Report* in full, this includes the **Summary, Reflection, and Application** section.

Two and-a-half (2.5) hours of credit will be given per 100 pages of material read, plus 30 minutes for writing the *Professional Development Credit Report*.

Title	Author
Three More Words	Ashley Rhodes-Courter
Etched in Sand	Regina Calcaterra
Girl Unbroken	Regina Calcaterra & Rosie Maloney
The Boy Who Carried Bricks	Alton Carter
The Glass Castle	Jeannette Walls
Educated	Tara Westover
With You or Without You	Dominica Ruta
**Dandelion on My Pillow, Butcher Knife Beneath: The true story of an amazing family that lived with and loved kids who killed	Beth Thomas
The Other Wes Moore	Wes Moore
A Foster Care Manifesto: Defining the Alumni Movement	Waln Brown and Johns Seita
A Child Called It	Dave Pelzer
The Boy Who Was Raised as a Dog	Dr. Bruce Perry
Hillbilly Elegy: A Memoir of a Family and Culture in Crisis	J.D. Vance
Maid: Hard Work, Low Pay, and a Mother's Will to Survive	Stephanie Land
Evicted: Poverty and Profit in the American City	Matthew Desmond
Heartland: A Memoir of Working Hard and Being Broke in the Richest Country on Earth	Sarah Smarsh
Damaged	Kathy Glass
**Sickened	Julie Gregory

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Dope Sick	Beth Macy
Childhood Disrupted: How your biography becomes your biology, and how you and heal	Donna Jackson Nakazawa
**My Story	Chris Stewart and Elizabeth Smart
A Child's Journey Through Placement	Vera I Fahlberg
Racism Without Racists	Eduardo Bonilla-Silva
**See Jane Hit: Why Girls Are Growing More Violent and What We Can Do About It	James Garbarino
Mama's Boy, Preacher's Son	Kevin Jennings
Helping Foster Children In School: A Guide for Foster Parents, Social Workers and Teachers	John DeGarmo
**A Man Named Dave: A Story of Triumph and Forgiveness	Dave Pelzer
Sex Trafficking and Commercial Sexual Exploitation: Prevention, Advocacy, and Trauma Informed Practice	Andrea J. Nichols and Lara B. Gerassi
Renting Lacy: A Story of America's Prostituted Children	Linda Smith
The American Epidemic: Solutions for Over-Medicating Our Youth	Frank J. Granett
**Beautiful Boy: A Father's Journey Through His Son's Addiction	David Sheff
I Never Told Anyone	Ellen Bass
The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma	Bessel van der Kolk
Under Our Roof: A Son's Battle for Recovery, a Mother's Battle for Her Son	Harry Cunnane and Madeleine Dean

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Somebody's Daughter	Ashley Ford
Shadow of the Valley	Bobi Conn
Empire of Pain: The Secret History of the Sackler Dynasty	Patrick Radden Keefe
**The Lost Boy	Dave Pelzer
Dorie The Girl Nobody Loved	Doris Van Stone
No Visible Bruises: What We Don't Know About Domestic Violence Can Kill Us	Rachel Louise Snyder
Walk to Beautiful	Jimmy Wayne, Ken Abraham
**Ophelia Speaks	Sara Shandler

*** Book is available to borrow at the CASA Office*